



Newsletter

Edition 2: March 2026



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HOUSING CO-OPERATIVE

A Strong Start to the Year

The first quarter of the year has already passed, and it's been encouraging to see our communities starting 2026 with strength, connection, and optimism. Contented families and community members create the foundation for a safe, stable, and happy home environment, and we're proud to see this reflected across our regions.

Elders continue to receive the care, respect, and support they deserve, and we acknowledge the vital role they play in guiding our communities. We also want to recognise our dedicated staff, who have been working tirelessly to ensure the year begins on a positive note for everyone.

As we move further into the year, we encourage all community members to continue looking after themselves and each other.

Women's International Day celebrated at Lake Eacham, 27.03.26

Forty Women attended this event from across the Kuranda and the Tablelands region.

Acknowledging the roles of women, our community came together to honour International Women's Day with an amazing day of connection, culture, and celebration. The gathering brought women of all ages together to share stories and laughter.

The day began with yarning circles, where women shared experiences, wisdom, and reflections on what it means to support one another. These conversations created a strong sense of belonging and a reminder of the strong voices we have in our community.

A day of empowerment, togetherness, and celebration of everything women bring to our families, workplaces, and culture.

Aged Care & Disabilities

CHSP Leadership Training – Successful Two-Day Workshop

The CHSP Leadership Training, held 25–26 March and facilitated by the Cultural Directed Care Solutions team at Kuranda Respite, was worthwhile and a success.

Staff travelled from Mt Garnet, Atherton, and Mareeba to participate in this important training opportunity. The sessions were designed to support teams in meeting CHSP's new aged care reforms and to ensure that Ngoonbi continues to deliver high-quality care services across the districts of Kuranda, Mareeba, Atherton, and Mt Garnet.

The commitment shown by all attendees reflects Ngoonbi's shared dedication to strengthening leadership, improving service delivery, and supporting our Elders with culturally informed, person-centred care.

You can read feedback from Jdaler Rosas (Mt Garnet) on Page 3.



**Welcome to Edition 2 of
Ngoonbi's Newsletter**

**If you have news to share,
contact: Donna O'Chin
40937177**



CEO Message from Judi Enoch

In a world experiencing great uncertainty, we can take great comfort in knowing that our Creator, Jah, is watching over us and will continue to guide and protect us. The staff at Ngoonbi are here to support you wherever possible, please do not hesitate to reach out if you need assistance.

As fuel prices rise, we can expect the cost of groceries to increase as well. Now is an important time to grow our own vegetables, strengthen family bonds, and work together as a family, to prepare for any challenges that may arise from global instability. Supporting local community businesses, starting your own small ventures, and exploring new opportunities will help us remain resilient through difficult times.

Ngoonbi's Bibi Yungan program means "train up a child in the way they should go." Family teachings grounded in universal values that Ngoonbi embraces is one of respect, care for community, responsibility, and quality. These core values will bring blessings to you, your family, and your wider community. May Jah bless you and guide you on the path ahead.



Ngoonbi Website News

Ngoonbi's Website continues to be under construction and we look forward to the long awaited upgrade by early June 2026.



Housing & Construction New Builds 8 & 11 Kullaroo Close, Kuranda

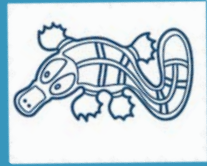


Housing Update

Four dwellings at 8 and 11 Kullaroo Close have now been completed. The tenants have moved in before Christmas, 2025. We look forward to the official opening with Elders, HPW – Housing & Public Works, Community Housing, and other distinguished guests. Watch this space for the announcement of the official opening.



Training & Employment News



**Train
to Grow!**

Staff Training Feedback

Jdaler Rosas Mt Garnet



The Leadership Training was insightful and packed with valuable information. It served as a reminder of how important our roles as leaders are within our teams, emphasising our responsibilities and importance to grow both individually and as a team, not just within our individual sites but Ngoonbi as a whole.

There were ample opportunities to identify and improve with our CQI, so we can ensure we deliver quality services to our clients.

They also discussed why timely and consistent communication and documentation is necessary for everyone in the team. Staff must recognise and record information on the client's health and safety as facts and not as our own personal thoughts and without our emotions involved.

Lastly, the trainers spoke on why it's important that we maintain a positive approach in our roles as leaders. Our staff depend on us for feedback, guidance and support. Negativity affects the company, clients, community and can also affect us personally through our mentality and emotions.

Two employees from Kuranda are studying to obtain their Certificate 3 in Individual Support. The hard yards, determination and commitment will see the end goal achieved.



**Never give up, when
things get really tough**

*"For I know the plans I have for you,"
declares the LORD, "plans to prosper you
and not to harm you, plans to give you
Hope and a Future"*
Jeremiah 29:11

Up and Coming Events

Whole Staff Meeting, 23.04.26

April School Holiday Program

Welcoming of New Staff

**Ngoonbi would like to welcome new staff
on board in the last quarter
filling the roles of:**

**HR Officer
Housing Support
CHSP Support Worker**

Healthy Active Lifestyles

Fitness



Boxing



Modified Hockey



Community Programs News

Our Community Programs Team have kicked off the new year with a range of activities, including the January school holiday programs, after-school programs, fitness and cultural activities, IDLU, Parenting Programs, Men's & Women's Group and much more. We're excited to see these programs grow.

The Youth Hub Is Now Open!
Location: 39 Barang Street, Kuranda
Times: 9:30 - 3:30pm

We're excited to share that our Youth Hub is officially open and ready to welcome young people. This new space has been created to support, empower, and inspire our youth as they learn, grow, and connect with one another.

The Youth Hub offers a safe, inclusive environment where young people can:

- Access support and guidance
- Join activities, programs, and creative workshops
- Connect with peers and mentors
- Get help with study, training, and pathways to employment
- Enjoy a place to relax, unwind, and feel at home

Our team is here to make sure every young person feels supported and valued. Whether you're dropping in for a chat, joining a program, or just looking for a place to hang out, the Youth Hub is your space.

We invite all young people—and families who want to learn more—to come by, say hello, and see what's on offer.

Let's make this a strong, positive year for our youth and our community.



National Suicide Prevention Strategy Focus Group training for AOD staff. The training was held in Cairns, 17.03.26 at Nintiringanyi Cultural Training Centre focusing on prevention, support and critical enablers ie environment, trauma, family and networks.

Creative Parenting Program – Six Weeks of Connection and Growth

Over the past six weeks, families have taken part in our Creative Parenting Program, a series designed to build positive, engaging experiences between parents and children. The program focused on nurturing creativity through art, strengthening connection, and encouraging sustainable practices that can be carried into everyday home life.

Each session offered opportunities for parents to share ideas, learn from one another, and build confidence in creating calm, happy, and contented home environments. The supportive atmosphere allowed families to explore new ways of communicating, playing, and working together.

The program has been a reminder that small, creative moments can make a big difference in strengthening family bonds and creating meaningful routines at home.



Creative **PARENTING / CARER SESSIONS**

Bibi Yungan **PLAYGROUP**



Playgroup Update

Bibi Yungan playgroup has had a great start to the year as the children settle into the playgroup routines.

The children have been exploring the world of colours, incorporating 'The Very Hungry Caterpillar' text to promote the love of learning and reading.

Through hands-on arts and crafts, the children have been identifying colours, creating caterpillar themed artwork, and expressing their creativity in different ways.

The children's confidence levels grow each week and the parents and children enjoy participating in the different activities.

The children are thriving in the playgroup environment, building strong connections with staff and embracing the routine of the day with enthusiasm.

We're so proud of their great start to great learning.

Keep Your Body Moving

Regular movement helps boost energy, improve mood, and support overall wellbeing. Whether it's a walk around the block, stretching at home, or joining a local activity, every bit of exercise helps your body stay strong.



Health

TIPS

Thank you to all staff, partners, and community members for your ongoing support. Together, we continue to strengthen our programs and create opportunities for our community.

Recipe

Bliss Balls

Ingredients

12 Medjool dates
1 cup almond meal
1/2 cup Shredded Coconut
1/3 cup coconut oil
1/3 cup cacao powder
1 tbsp chia seeds
1/3 cup extra Shredded Coconut for rolling

Method

Step 1 - Place dates in a medium bowl and cover with water. Stand for 1 hour. Drain and discard seeds.

Step 2 - Process dates, almond meal, shredded coconut, coconut oil, cacao powder and chia seeds until mixture comes together. Transfer to a bowl and stand for 20 minutes for chia seeds to soften.

Step 3 - Place the coconut in a shallow dish.

Step 4 - Roll level tablespoons of mixture into balls. Roll in the coconut to coat.

Choose Nutritious Foods

Fuel your body with foods that keep you feeling good. Aim for a colourful plate with fruits, vegetables, whole grains, and lean proteins. Small, healthy choices each day can make a big difference over time.



Drink Plenty of Water

Staying hydrated helps your body function at its best. Keep a water bottle handy and sip throughout the day, especially in warm weather or when active.



For additional information regarding programs please contact
Ngoonbi Admin: 07 40937177

