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CONNECTING TO COUNTRY, CULTURE AND WELLBEING

In September 2026, Ngoonbi's Alcohol and Other Drug team organised an on-Country camp. The group travelled to the Western Yalanji Country in Laura, providing the participants with an opportunity to step away from their everyday environment and focus on healing, restoration, wellbeing and connections.

The camp was designed for community members requiring more intensive support and provided a safe and supportive environment where participants could reconnect with culture, spend meaningful time on Country and take part in open and supportive conversations.

Throughout the camp, participants were encouraged to strengthen their cultural connections and focus on social and emotional wellbeing through yarning, healthy routines and positive decision-making.

The experience also provided an opportunity to build stronger and more trusting relationships with Ngoonbi's Alcohol and Other Drug staff.

Being on Country played an important role in supporting participants to reconnect with cultural knowledge, identity and a sense of belonging. Away from the pressures and distractions of everyday life, participants had space to reflect on alcohol and cannabis use, harm minimisation, family wellbeing and their goals for the future.

Campers enjoyed yarning around the campfire, cultural burning, visiting several rock art sites and hiking through Country, with the rewarding experience of reaching a remote waterfall.

A four-wheel-drive buggy adventure also took the group to special places where they experienced the rich culture and natural beauty of Country.

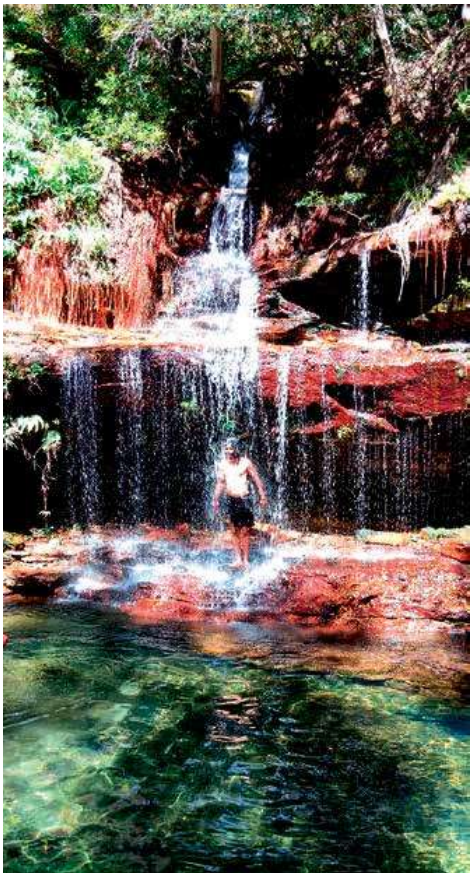
The camp demonstrated the value of culturally-grounded support that brings together Country, culture, connection and wellbeing. Through yarning, reflection and shared experiences, participants were supported to consider positive choices and pathways towards healthier futures.

A big thank you to Jarramali Rock Art Tours and everyone who came along and shared their knowledge, stories and culture.

Ngoonbi Community Services Indigenous Corporation

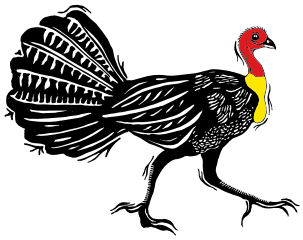
Jarramali Rock Art Tours

Wellington and William



Remote waterfall

Exploring rock art galleries. Photos Ngoonbi



• SHOP LOCAL •
• EMPLOY LOCAL • ENJOY LOCAL •